

**ACTIVIES OF OF HOME SCIENCE DEPARTMENT FOR THE SESSION 2018-19**

<b>SL NO.</b>	<b>DATE: Seminar/webinar</b>	<b>Title of the seminar</b>	<b>Name of the Resource person</b>	<b>Brief report on seminar/ webinar</b>
1.	30-07-2018 SEMINAR	Nutrition for public health care	Mrs. N.Mishra, Retd. Prof. in Home science	Resource person N.Mishra briefly delivered this topic to our students about the role, characteristics and scope of public health care. Moyni Pandey, Sasmita Lakra also presents the topic and gave a brief knowledge to our students.
2.	07-08-2018 SEMINAR	Assessment of social and nutritional constraints of labourers working in Tata steel	Mrs. M.Tripathy, Retd. Reader on Home science	Resource person N.Mishra briefly delivered this topic to our students about the nutritional health and social condition of labours working in Tata steel. The nutritional status and the food habit of labours are explained in this topic.
3.	30-01-2019 SEMINAR	Role of selenium on health	Sweta Parida, Center of food science, Sambalpur University	Physical properties of selenium, food sources, How it absorbs in body, preventive action of selenium.
4.	05-04-2019 SEMINAR	Menstrual cramp; A common problem of young adolescent girls	Mrs. Charulata Naik, Lect. in Home Science, Govt Womens; college, Sundergarh	Madam discussed what is menstrual cramps and the reason of it. She gave various ideas on using home remedies to prevent menstrual cramps.

