

## **Closing ceremony of the Self Defence Programme**

The closing ceremony of the Self Defence Programme was successfully conducted at Sarbati Devi Women's college, Rajgangpur on 31.01.2026 with active participation from students and faculty members. The programme aimed at empowering students with essential self-defence skills and building confidence for personal safety.

The ceremony was graced by the Principal, Dr. Ashok Kumar Beura, who appreciated the efforts and encouraged students to apply the learned techniques in real-life situations with confidence and presence of mind.

The IQAC Coordinator, Mr. Sapan Kumar Panda, highlighted the importance of such skill-based programmes in holistic student development in a story telling method and different examples faced by students.

The programme was honoured by the presence of the Guest, Mr. Bipin Choudhary, who shared valuable insights on self-protection, discipline, and awareness. He applauded the enthusiasm and dedication shown by the students throughout the training sessions.

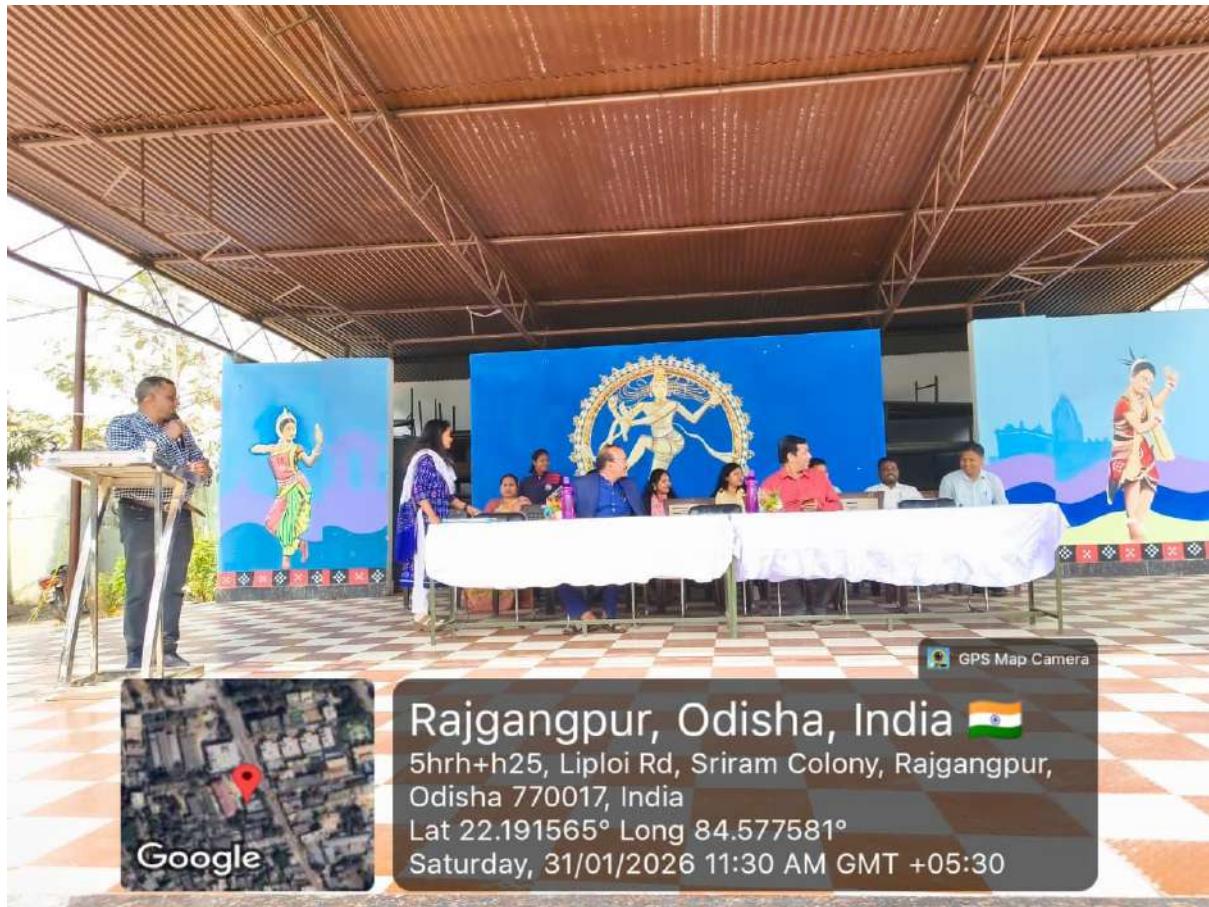
The Self Defence Coordinator, Ms. Sasmita Dandasena conducted the programme and acknowledged the cooperation of all concerned. Students shared their experiences, expressing how the training boosted their self-confidence and preparedness. They also demonstrated various self-defence techniques learned during the programme, which was highly appreciated by the audience. All the staff members and students were present on this event.

The ceremony concluded with a distribution of certificates to the participated students and vote of thanks, marking the successful completion of the Self Defence Programme and reinforcing the message of safety, strength, and self-reliance among students.













**ସକାଳ**  
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## ସରସ୍ତୀ ଦେବୀ ମହିଳା କଲେଜରେ ଆମ୍ବରକ୍ଷା ପ୍ରଶିକ୍ଷଣ

ରାଜରକ୍ଷା, ଶାଖା(ସମୟ): ରାଜରକ୍ଷାପୂର୍ଣ୍ଣିତ ସରସ୍ତୀ ଦେବୀ ମହିଳା ମହାବିଦ୍ୟାଳୟରେ ଆତି ଆମ୍ବରକ୍ଷା ପ୍ରଶିକ୍ଷଣ କାର୍ଯ୍ୟକ୍ରମର ଉଦ୍ସ୍ୟାପନୀ ସମାବୋହ ଆୟୋବିତ ହୋଇଥିଲା । ଏଥୁରେ ଛାତ୍ରମାନଙ୍କ ସହ ଶିକ୍ଷକ ଶିଖିତ୍ରୁମାନେ ଅଧିକ୍ରମିତ କରିଥିଲୋ । ଏହି କାର୍ଯ୍ୟକ୍ରମର ମହାବିଦ୍ୟାଳୟର ଅଧିକାରୀ ଅଶେଳ କୁମାର ବେଦରା ଉପସ୍ଥିତ ଥିଲେ । ଆମ୍ବରକ୍ଷା ସମ୍ପଦକ ସମ୍ପଦ କୁମାର ପାଣ୍ଡା କୌଶଳବିଭିନ୍ନ କାର୍ଯ୍ୟକ୍ରମରୁକ୍ତିକ ହାତ୍ରାମାନଙ୍କ ସମସ୍ତ ବିଳାଶରେ ଜେହେବା ଶୁଭମୟ୍ୟ ବନ୍ଦେଶ୍ୱର କହାଣା ମାଧ୍ୟମରେ ଓ ହାତ୍ରାମାନଙ୍କ ହାତିନାର ବିଭିନ୍ନ ଜଳାହରଣ ବ୍ୟବାଳୋକନାଟ କରିଥିଲୋ । ଏହି କାର୍ଯ୍ୟକ୍ରମର ଅମରିତ ଅଭିଧିତ ବିପନ୍ନ ବେଳ୍ଟା ଉପସ୍ଥିତ ଥିଲେ । ଶିଦ୍ଧିରର ସମ୍ପଦକ ସମ୍ପଦରେ ପରିପ୍ରେକ୍ଷଣ ପାଇଲା କରିଥିଲେ ।

