

Self Defence Training Program

Organised by Sarbati Devi Women's College, Rajgangpur

The opening ceremony of the Self Defence Training Program was held on 20 January 2026 at Sarbati Devi Women's College, Rajgangpur with the objective of empowering girl students with essential self-protection skills and building confidence.

The Principal, Dr. Ashok Kumar Beura of the College highlighted the importance of self-defence in ensuring personal safety and developing mental strength among students. Faculty members and a large number of students were present on the occasion. IQAC Coordinator Mr. Sapan Kumar Panda enlightened the students about self-defence by highlighting the recent cases in India.

Program Coordinator Ms. Sasmita Dandasena briefly explained the structure of the training program. P.E.T Mrs Puspalata Sarangi guided the students. The students actively participated and showed keen interest in learning practical skills for personal safety.

The ceremony concluded with a vote of thanks, marking a positive beginning to the training program aimed at promoting safety awareness and empowerment of women students.







