

**April, 2026**  
**Personality Development**

**Full Mark.-100**

**Time: 3 Hours**

The figure in the right hand margin indicate marks  
Answer the following question as directed

**Part-I**

- 1) Answer All the MCQs. **[10x1]**
- a) Personality Development can best be defined as
    - i) Improving only physical health
    - ii) A lifelong process of self awareness growth and improvement
    - iii) Attitude & Motivation
    - iv) Goal-Oriented Only
  - b) The ability to work well with others in a group is called
    - i. Self – discipline   ii. Interpersonal skills   iii. Self – Esteem   iv. Self-Respect
  - c) The \_\_\_\_\_ can become an obstacle in Personality
    - i) ego   ii) Skill   iii) Smartness   iv) kindness
  - d) Good \_\_\_\_\_ is a sign of balanced Personality
    - i) Social Activity   ii) Communication   iii) Language   iv) English
  - e) Our personality developed as a result of \_\_\_\_\_
    - i)Genetic inheritance   ii) Environmental Influences   iii) Both i and ii   iv) None of these
  - f) Empathy means
    - i) Ignoring Other feelings
    - ii) Understanding other feelings
    - iii)Criticizing others
    - iv) Avoiding others
  - g) SWOT analysis is the examination of your satisfaction looking
    - i) Strength
    - ii) Weakness
    - iii)Oppositions and Threats
    - iv) All the above
  - h) Which is essential for problem solving?
    - i) Critical thinking
    - ii) Positive thinking
    - iii) Leadership thinking
    - iv) Positive attitude
  - i) Body language is an example of
    - i) Written communication
    - ii) Verbal communication
    - iii) Non-verbal communication
    - iv) Digital communication

- j) \_\_\_\_\_ is the person who coordinates the group discussion is  
i) Manager ii. Speaker iii. Moderator iv. Anchor

## **PART-II**

- 2) Answer all questions. (9x2)
- a) What is the importance of Personality?
  - b) How heredity and environment influence personality?
  - c) What is e-gadgets? Mention its negative impacts
  - d) What is de-motivation?
  - e) Expand SMART
  - f) What is time management?
  - g) What is non-verbal communications?
  - h) What is the difference between humour and sense of humour?
  - i) What is the Resume and What is its purpose?

## **PART-III**

3. Write notes on **any eight** of the following questions. (8x5)
- a) Dimensions of Personality
  - b) Impact of Literature on the growth of personality
  - c) Relevance of Social Media & its advantages and disadvantages.
  - d) Types of Attitude and its impact on personality
  - e) Importance of Self – motivation
  - f) Goal setting and SMART goals.
  - g) Purpose of communication
  - h) Traits of Personality
  - i) Email and it's importance
  - j) Objectives of Groups Discussion and it's importance

## **PART-IV**

4. Answer **any four** of the following questions within 500 words. (4x8)
- a) Define Personality. Analyze the various components of Personality.
  - b) What is SWOT analysis? How it is beneficial for personality development?
  - c) What is positive attitude? Mention the importance of attitude in the overall growth of personality.
  - d) Discuss the meaning, purpose and types of communication.
  - e) How do you prepare a good resume or CV?

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